



Emerging Leaders

CENTRAL EXCHANGE'S YEAR-LONG LEADERSHIP PROGRAM

CENTRALEXCHANGE.ORG/EMERGING-LEADERS

Globally, women make up only 31% of leadership roles*

To change this staggering statistic, businesses like yours are crucial in shaping the future of leadership.

Since its inception in 2006, Central Exchange's Emerging Leaders program has empowered over 1,100 women from 16 states and 5 countries to become effective leaders.

Facilitated by renowned experts Denise Mills and Robin Sterneck, Emerging Leaders offers a transformative year-long journey, advancing participants' leadership effectiveness with the skills and connections needed to succeed.

By participating in Emerging Leaders, your organization not only invests in the professional development of its employees but also becomes a champion for gender equality in leadership.

From enhanced leadership effectiveness to expanded networks, the benefits are tangible and far-reaching.

Join us in closing the gender gap in leadership by sponsoring a woman from your organization.

**VISIT [CENTRALEXCHANGE.ORG/EMERGING-LEADERS](https://centralexchange.org/emerging-leaders)
to learn more and take the next step toward a more inclusive future.**

Questions? Email Ann Hackett, Central Exchange Leader, at ann@centralexchange.org.

*From Grant Thornton's *Women In business 2021: A window of opportunity*.

**Join the
Movement
to Advance
Women in
Leadership**

Meet the leadership experts.



Denise Mills is a Leadership Development Consultant and has been working with Executive Leadership teams for more than 25 years. As Chief Mindset Officer for her firm, LeaderFuel, she is adept at challenging perspectives, identifying beliefs, and exposing blind spots that limit effectiveness in business. Denise brings expertise and insights to the Emerging Leaders program on topics such as developing dynamic teams, creating a constructive organizational culture, strategic planning and employee engagement.

In addition to being an Executive coach and master networker, Denise facilitates Executive Women Round Tables, Lean In Circles, and nationally consults to the members of C200, the most prestigious women's business organization in the U.S.

Robin Sterneck brings 30 years of business and leadership to our Emerging Leaders Program curriculum and conversations. Her corporate work as an investment banker, large P&L Leader, Marketing Director and Head of Talent Development bring a broad breadth of first-hand experience and strategies to the table as our participants define and refine their own leadership styles.

Robin's ongoing work with more than 50 companies and not-for-profit organizations enable her to bring both a time-tested and fresh perspective to developing seasoned leaders in high performance cultures. As a co-founder of two major international women's networks, and a mentor to scores of professionals, she brings both a macro and micro approach to advancing tomorrow's leaders.





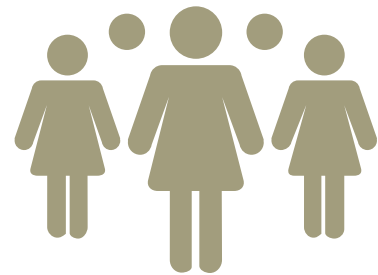
REAL-LIFE EXAMPLES

Participants will develop their decision-making capabilities and leadership skills with examples of what is currently working for modern leaders.



APPLICABLE FRAMEWORKS

Facilitators teach ways to improve communication, operation, and innovation throughout a person's career.



INTIMATE PEER COHORTS

Participants will learn alongside professionals from various industries and leadership positions, acquiring the essential concepts for driving tomorrow's change.



ENGAGING MONTHLY SESSIONS

Each session meets from 8:30 - 11:30 am, eleven times in a calendar year, beginning in October.



CENTRAL EXCHANGE MEMBERSHIP

All Emerging Leaders receive a free year-long membership to CX providing access to additional programs to assist with their leadership journey (a \$480 value).



CONNECTIONS THAT LAST

After graduation, between alumni events, private social media groups, 1:1 meetups, and future programs, Emerging Leaders make connections lasting forever.

**Embrace
Excellence
and Broaden
Leadership
Skill Sets.**

Curriculum Overview

The *Emerging Leaders* curriculum is a focused, best practice, experiential, research and behavioral based leadership development program. The half-day per month, year-long program is delivered through topic specific modules, insights from executive thought leaders, dialogue exchange and practice.

Participants can choose from in-person or virtual cohorts. The virtual option has been very attractive to those who's organizations have a local, national or global presence, as well as those who travel for work and may not be able to make it in-person each month.



SESSION 1:
SUCCESS BY
INTENT



SESSION 2:
YOUR
LEADERSHIP
BRAND



SESSION 3:
LEVERAGING
YOUR NETWORK



SESSION 4:
STRATEGIC
THINKING +
VISION



SESSION 5:
INFLUENCE
+ POLITICAL
SAVVY



SESSION 6:
NEGOTIATING



SESSION 7:
LEADING TEAMS
+ MANAGING
TALENT



SESSION 8:
DECISION
MAKING + RISK
TAKING



SESSION 9:
MANAGING
CHANGE



SESSION 10:
INNOVATION
+ TIME
MANAGEMENT



SESSION 11:
VALUES DRIVEN
LEADERSHIP



SESSION 12:
AND LAST BUT
NOT LEAST...
GRADUATION

TIMELINE: Cohorts gather once a month from 8:30 – 11:30 am October 2024 through August 2025

FACILITATORS: Denise Mills and Robin Sterneck

WHAT'S INCLUDED:

- Engaging monthly sessions with a curriculum that is delivered through topic specific modules, insights from executive thought leaders, study, dialogue exchange, and best practices.
- Intimate peer cohorts, with like-minded professionals, to exchange ideas and collaborate leadership development.
- Interactive, modern-day, real-life examples that develop decision-making capabilities and leadership skills.
- Applicable frameworks to boost communication, operation, and innovation throughout your professional career.
- A free year-long membership to Central Exchange providing access to additional programs to assist with your leadership journey.

INVESTMENT: \$6,000*

APPLICATIONS DUE BY: August 19, 2024

*Employees of CX Partners receive a \$500 discount and non-profit rates are available. See the FAQs for full details.

Emerging Leaders Details



Frequently Asked Questions (FAQs)

If you have additional questions, please reach out to Ann Hackett at ann@centralexchange.org.

HOW DO I BECOME AN EMERGING LEADER?

This program requires an application to join, as the curated experience is designed for a small amount of qualified participants. Applications open on April 16, 2024 and will close end of day on August 19, 2024.

Apply today at
[CENTRALEXCHANGE.ORG/EL-APPLICATION](https://centralexchange.org/el-application)

WHO SHOULD APPLY?

Women professionals who want to get that next promotion, become a better leader, grow their network, and/or jumpstart their next venture.

We welcome applicants from diverse backgrounds and industries. Past students have been senior leaders at financial companies, directors of technology, marketing managers, healthcare professionals, leaders at non-profits, founders of early-stage startups, and more.

WHAT IS THE TIME COMMITMENT?

Emerging Leaders is a year-long course beginning in October, and consists of 11 monthly sessions and a graduation. Each cohort will have a dedicated date for their monthly session, and most sessions will be from 8:30 am – 11:30 am.

WHAT ARE THE COSTS?

There is a flat rate of \$6,000 for the full year.

The rate is the same for both in-person and virtual cohorts, and **includes a full year membership to Central Exchange.**

If your company is a **Central Exchange Corporate Partner**, you will receive a \$500 discount from the regular rate, which will be reflected on your invoice.

DO YOU OFFER NON-PROFIT RATES?

Yes! The Emerging Leaders Nonprofit Rate is based on your organization's prior fiscal year income. Please note, we only accept up-to 2 students per cohort at the non-profit rate each year, and only 1 employee from each non-profit is allowed to enroll each year. We will notify you if we have reached the maximum amount of students and you will have the opportunity to attend at the regular rate, or postpone your enrollment to the following year.

Nonprofit Rates:

- \$1,500 (Income: \$500,000 – \$999,999)
- \$2,500 (Income: \$1,000,000 – \$4,999,999)
- \$3,500 (Income: \$5,000,000 – \$9,999,999)
- \$5,000 (Income: \$10,000,000+)

WHAT IS A COHORT?

A cohort is a group of students who work through a curriculum together to achieve the same academic achievement.

In the 2024-25 Emerging Leaders Program, we will have both in-person and virtual cohorts. You can provide your preference on your application.

IS THERE A DIFFERENCE BETWEEN THE IN-PERSON AND VIRTUAL COHORTS?

The only difference is the location. The curriculum is exactly the same. In-person cohorts will meet at the UMKC Bloch School of Management and virtual cohorts will always meet online via Zoom.

HOW LARGE IS EACH COHORT?

Each Emerging Leaders cohort will vary depending on the final enrollment count for in-person and virtual attendees, with an average of 25-35 leaders per cohort, and a maximum of 50. This allows more personal engagement with facilitators Denise Mills and Robin Sterneck and the other enrolled leaders at each session.

CAN I STILL BE A PART OF THE PROGRAM IF I LIVE OUTSIDE THE KC METRO AREA OR TRAVEL FOR WORK?

Yes! We would love for you to still join us! The beauty of a virtual cohort is that you can be anywhere in the world when you attend, as long as you have internet access.

WHAT HAPPENS IF I CAN'T MAKE MY COHORT'S ASSIGNED DATE ONE MONTH?

If you are unable to make your assigned date because of work or personal reasons, we do ask that you attend one of the other scheduled in-person or virtual cohorts that month so you don't miss any of the sessions.

WHAT IS THE INCLEMENT WEATH/SNOW DAY POLICY FOR IN-PERSON COHORTS?

In the event of snow or ice (aka snow days), in-person cohorts will switch to a virtual Zoom meeting on the same day to ensure everyone's safety. Further details about our procedure will be provided on the first day of class.



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