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#### Facilitation

**KARA HANAK**, Chief Inspiration Officer, Alated; Certified Dare to Lead™ Facilitator

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#### Location

**CENTRAL EXCHANGE**  
1020 Central St.  
Suite 100  
Kansas City, MO 64105

# Creating a Courageous Culture

**DECEMBER 5&6; 8AM–4PM**

Do you have the skills to be a daring leader and build a courageous culture? The good news is that the skills for brave leadership can be learned and honed. Upon completion of this workshop, you will be Dare to Lead™ Trained; this distinction demonstrates that you understand the value of vulnerability, trust, values, and resilience in brave leadership and courageous cultures.

Brave leaders not only model the skill sets necessary for courage but create a culture that allows for innovation, growth, and creativity while constructively addressing challenges along the way. There are **four skill sets that courageous leaders share**: the ability to rumble with vulnerability, an understanding of trust and its characteristics, how to rise in the face of adversity, and an understanding of their personal values. **Each of these skill sets are teachable, observable, and measurable** and require self-awareness. This workshop, based on 20 years of Dr. Brené Brown's research, 500,000 pieces of data, and exclusive videos, we will lead you through exercises to increase your self-awareness, build your courage skill sets, and allow you to take practical tools back to your teams.

In fact, you do not need to read the book before the class. We will give you a guided tour of the book – we know just how to highlight the pertinent points straight from Brené.

*"Leaders must invest a reasonable amount of time attending to fears and feelings or squander an unreasonable amount of time trying to manage ineffective and unproductive behavior."* - Brené Brown

Choose to invest in your time in leadership rather than squander it. Reserve your space today to be braver in your life, work, and leadership.

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#### Contact Us:

(816) 471-7560 | <https://centralexchange.org/courageous-culture/>

**COST \$995 FOR PUBLIC; \$920 FOR CX MEMBERS AND CORPORATE PARTNERS**