



**CENTRAL  
CATERING Co.**

EAT WELL. DO GOOD.



# DINE-IN MENU



Order at [CentralCateringCo.com](http://CentralCateringCo.com) or (816) 471-7560. Offsite catering & custom options are available.

## BREAKFAST

*Pricing per person – 10 person minimum. All selections are buffet style & include water, juice, coffee, hot tea & soda*

### **Southwest Omllet | \$12.50**

chorizo, bell peppers, red onion, pepper jack; avocado & black bean salsa; fresh fruit; breakfast potatoes

### **The Central | \$12.50**

spinach, leek & gruyere quiche; brown sugar bacon; breakfast pastries, fresh fruit

### **The Midwest Breakfast | \$11.50**

scrambled eggs, bacon, breakfast potatoes, fresh fruit

### **Eggs Benedict | \$11**

two poached eggs, english muffin, crispy prosciutto, hollandaise, grilled asparagus

### **The Continental | \$8**

breakfast pastries, fresh fruit, hardboiled eggs

### **Healthy Heart | \$8**

oatmeal with toppings: toasted almonds, raisins, dried berries, diced apples coconut shreds, brown sugar, cream or milk

## LUNCH

*\$23 per person. Choose one soup or salad, one entrée & one dessert for the entire group. Rolls & drinks included.*

*Lighter lunch available for \$15 per person: one sandwich, one side, cookies + drinks.*

## SALAD OR SOUP

### **House Salad**

field greens, grape tomatoes, cucumbers, bacon lardons, red wine vinaigrette

### **Caesar Salad**

chopped romaine, house made garlic croutons, parmesan cheese, cracked black pepper, creamy caesar dressing

### **Apple Pecan Salad**

grilled radicchio, spinach, apple, red onion, pecan, feta & cherries with cherry vinaigrette

### **Baked Potato Soup** with bacon on the side

**Tomato Basil Soup** with parmesan crostini (vegetarian)

**Corn Chowder Soup** with zucchini & smoked chicken

## ENTRÉES

**Pan Seared Airline Chicken Breast** with lemon & rosemary, mashed potatoes & brussel sprouts

**Grilled Pork Tenderloin** with bourbon peaches, garlic mashed potatoes

**Sesame Hangar Steak** with wasabi mashed potato, pickled shiitake mushroom, roasted vegetables

**Steak Medallions** with herb demi-glace, fingerling potatoes, broccolini

**Seared Tuna** with sushi rice cake, wasabi miso butter, green beans

**Pan Roasted Salmon** with citrus glaze, roasted potatoes, spaghetti squash

**Grilled Vegetable Plate**

## DESSERTS

Flourless Chocolate Torte  
Salted Caramel Almond Cake  
Nutella Budino  
Espresso Crème brulee  
Fresh Fruit  
Assorted Cookies





# DINNER

Price varies depending on entrée choice. Choose one appetizer, one salad, one entrée & one dessert for the entire group. Custom options are available; contact us to customize your dinner event. Rolls & drinks included.

## APPETIZERS

Mini Crab Cakes with Caper Remoulade Aioli  
Mushroom Bruschetta on Ciabatta  
Caprese Skewer with Balsamic Syrup  
Coconut Crusted Shrimp with Pineapple Salsa

## SALADS

**House Salad**  
field greens, grape tomatoes, cucumbers,  
bacon lardons, red wine vinaigrette

**Caesar Salad**  
chopped romaine, house made garlic  
croutons, parmesan cheese, cracked black  
pepper, creamy caesar dressing

**Apple Pecan Salad**  
grilled radicchio, spinach, apple, red onion,  
pecan, feta & cherries with sherry vinaigrette

## HEAVY APPETIZERS

Small Platters serve 8-10 people/Large Platters serve 15-20 people. We recommend choosing a variety of platters. Contact us to help you build the perfect selection for your event.

Fresh Cut Fruit Platter \$20/\$38

Red Pepper Hummus or Black Bean Dip with Grilled Naan | \$20 / \$38

Caprese Skewer with Basil & Balsamic Glaze | \$21 / \$38

Mushroom, Leek, Spinach & Swiss Mini Quiche | \$24 / \$45

Herb Grilled Chicken Club Sliders | \$30 / \$58

Grilled Hanger Steak with Chimichurri & Grilled Naan | \$34 / \$62

Bacon Wrapped Scallop Skewers with Pineapple Salsa | \$38 / \$72

Steak Sliders with White Cheddar, Honey Truffle Vinaigrette | \$42 / \$80

Antipasto Platter with Meats, Cheeses, Grilled Vegetables, Olives & Artichoke Hearts | \$70 / \$135

## ENTRÉES

### \$40 ENTRÉE OPTIONS

**Spice Rubbed Lamb Chops** with chickpea  
fritter, charred curry tomatoes

**Grilled Petit Beef Filet** with cabernet demi,  
truffled steak butter, grilled asparagus

**Pan Seared Halibut** with lemon herb polenta,  
smokey spinach, onion compote

### \$35 ENTRÉE OPTIONS

**Bourbon Glazed Berkshire Pork Chop** with  
peaches, wilted greens & almonds

**Grilled Flat Iron Steak** with roasted root  
vegetables, gorgonzola latke

**Sesame Ahi Tuna** with crispy rice cake,  
haricot verts, ginger cucumbers

### \$30 ENTRÉE OPTIONS

**Grilled Airline Chicken Breast** with black rice  
& roasted root vegetables

**Pan Roasted Salmon** with cherry quinoa &  
broccolini

**Grilled Pork Tenderloin** with spaghetti  
squash, walnut, feta & crispy kale

## DESSERTS

Chocolate Flourless Torte  
Salted Caramel Almond Cake  
Chocolate Hazelnut Budino  
Strawberry Shortbread  
Blueberry & Apple Crisp  
Caramel Apple Crostada

## DISPLAYS

Small displays serve 30-40 people / Large displays serve 50-60 people.

**Mediterranean Station | \$350 / \$480**  
grilled hanger steak with chimichurri & grilled naan  
Moroccan chicken brochettes & cucumber raita  
zesty red pepper hummus & grilled veggies  
feta dip, olive tapenade & pita chips

**Cheese & Meat Station | \$250 / \$365**  
premium cheese platter with flat bread crackers & table grapes  
grilled veggies  
premium Italian meats  
peas & mint with parmesan crostini

**Classic Station | \$460 / \$675**  
tenderloin sliders with white cheddar, onion marmalade & arugula  
shrimp cocktail with lemon dill aioli  
caprese skewers with basil & balsamic glaze  
mushroom, leek, spinach & swiss mini quiche  
artichoke parmesan dip with flat bread crackers

Dine in or host your event at Central Exchange. Offsite catering & office delivery based on our dine-in menu is available.  
Email [hello@centralexchange.org](mailto:hello@centralexchange.org) or call (816) 471-7560 to order & discuss custom options. View full menu at [CentralCateringCo.com](http://CentralCateringCo.com).  
Subject to a 23% service charge, 13% for Central Exchange members.

**Every dollar advances women in Kansas City**